

Correlates of Engagement and Retention
In Treatment and Recovery Support Services:
An Exploratory Study of Criminal Justice
System-Involved Homeless Female Clients

"Crossroads to Home"
Center for Community Alternatives
New York, New York

www.communityalternatives.org

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Study Populations:
Enrolled and Closed between March
2006 and December 2007

- Crossroads (N=29)
 - Referred by the courts, Probation, or Parole
 - "No name on lease" at time of GPRA baseline interview
- Bayview (N=13)
 - Living in a transitional facility after having been incarcerated in a state prison

Program Services: Crossroads
(Intensive Day Treatment)

- Assessments
- Individualized treatment and referral plans
- Group sessions
- Individual counseling
- Housing assistance
- Mental health counseling
- Employment/vocational assistance
- Acupuncture
- Physical health treatment

Program Services: Bayview

- One-hour evening groups, 1-3 times a week
 - Job retention
 - Relapse prevention
 - Stephanie Covington's "Helping Women Recover" curriculum
- Job placement
- One-on-one counseling

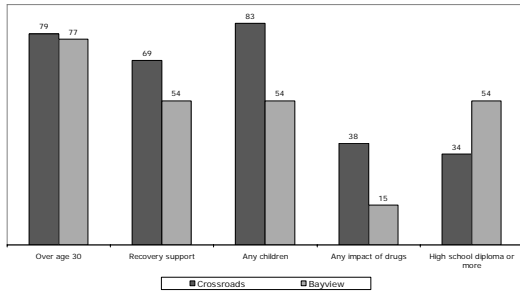
Research Questions

- What is the relationship between participants' background characteristics and engagement in the program?
- What is the relationship between engagement and retention in the program?

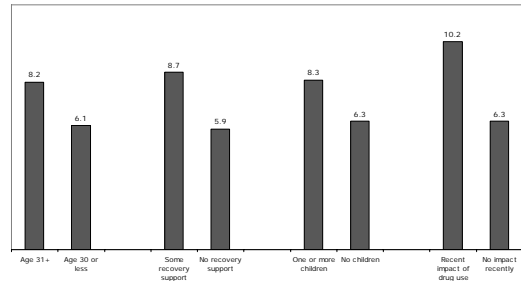
Data and Measurement

- GPRA baseline
 - Age (30 or younger v. older than 30)
 - Recovery support (self-help groups, friends and family)
 - Any children
 - Any reported recent impact of drugs on lives
 - Enrollment date (date of GPRA baseline interview)
- Programmatic
 - Attendance (individual counseling and groups)
 - Closing date
 - Reason for closing

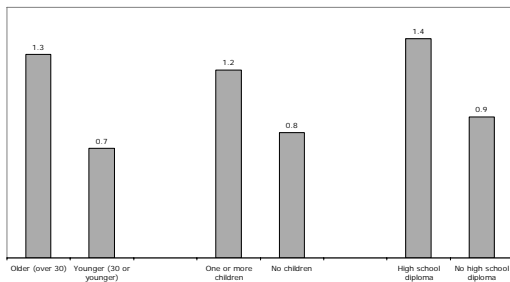
Participants' Background Characteristics, by Type (Reported as Percentages)



Crossroads:
Average Number of Attendance Hours
By Background Characteristic



Bayview:
Average Number of Attendance Hours
by Background Characteristic



Average Number of Hours
Attended, by Type and
Closure Status

- Crossroads
 - Successfully completed: 9 hours (n=6)
 - Prematurely terminated: 7 hours (n=23)
- Bayview
 - Successfully completed: 1.1 hours (n=11)
 - Prematurely terminated: .9 hours (n=2)

Conclusions and Recommendations

- Different populations with different needs
- Systematic inclusion of findings in transitional planning (e.g., adopting a developmental perspective with younger women and knowledge-building regarding impact of drug use on participants' lives)
- Importance of holistic treatment during and immediately post-incarceration